

Six Fasts of Shawwaal

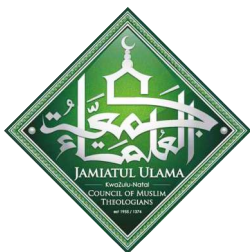
It is Mustahab and highly rewarding to observe the six fasts of Shawwaal. The observance of these fasts has been emphasised by Rasulullah ﷺ in several Ahadith. It is the infinite mercy of Allah Ta'ala, that in exchange for minimal effort, He accords maximum reward.

Rasulullah ﷺ has stated,

“Whoever fasted the full month of Ramadaan and follows it with six fasts of Shawwaal is like a person who has fasted the entire year.” (Targhib)

“One who fasted the month of Ramadaan and then fasted six days in Shawwaal, is cleansed from sins like the day he was born.” (Targhib)

These fasts may be kept consecutively or at intervals during the month of Shawwaal.



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