## DUA WHEN IN DISTRESS

When a person is in distress, he should recite the following dua;

اَللَّهُمَّرَ حُمَّتَكَ اَرُجُوْ، فَلَا تَكِلْنِيُ إِلَى نَفْسِيُ طَوْفَةَ عَيْنِ، وَاصْلِحْ بِي شَانِي كُلَّهُ، كَرَالُهُ إِلَّا اَنْتَ

Translation: O Allah, I am hopeful of Your mercy. Do not entrust me to myself even for the blink of an eye and ease all my affairs. There is none worthy of worship besides You. [Abu Dawood #5090]