

Dua After Eating

الْحَمْدُ لِلَّهِ الَّذِي أَطْعَمَنِي هَذَا الطَّعَامَ
وَرَزَقَنِيهِ مِنْ غَيْرِ حَوْلٍ مِنِّي وَلَا قُوَّةٍ

Alhamdu lillahillazi at-'amani haazat ta-aama wa razaqanihi min ghairi hawlim minni wa laa quwwah

All praise is due to Allah Ta'ala who has fed me with this food without any effort and exertion from my side.

VIRTUE: ONE WHO RECITES THIS DUA AFTER EATING WILL HAVE ALL HIS PAST AND FUTURE SINS FORGIVEN.