

DUA FOR AAFIYAH AND FORGIVENESS

Hadhrat Moulana Ashraf Ali Thaanwi رَحْمَةُ اللَّهِ used to make the following dua in abundance:

اللَّهُمَّ عَافِنِي وَاعْفُ عَنِّي

Allahumma 'aafini wa'fu 'Anni

O Allah grant me 'aafiyah (ease and goodness in everything that I do) and forgive me.

We should continuously ask for aafiyah (ease and goodness) in everything. Hence this dua should be made regularly.