



# **THE MONTH OF SAFAR**

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**Sahib Dâmat Barakatuhum**



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## FOREWORD

Unfortunately, many people have various superstitious beliefs. Amongst these beliefs, is the belief that the month of Safar is a month of evil and bad luck. Rasulullah ﷺ came at such a time when the world was filled with darkness and completely eradicated all such beliefs. It was such a time when there were 360 idols in the Ka'aba. These idols were removed and Tauheed was imbedded in the hearts of the believers.

It is unbefitting of a Muwahhid (one who believes in the oneness of Allah ﷻ) to stoop to such a low level where one entertains such superstitious beliefs. Hadrat Maulana Abdul Hamid Saheb D.B has discussed the issue of superstition and its various forms in this Kitaab and the great wealth of Tauheed.

May Allah ﷻ grant us the Taufeeq of acting upon these valuable advices? Ameen!

الحمد لله وكفى وسلام على عباده الذين اصطفى الحمد لله منشاء الخلق من عدم ثم

الصلوة على المختار في القدم يا رب صل وسلم دائما ابدا على بشير نذير محمدا مولاي  
صل وسلم دائما ابدا على طه سيد المرسلين بلغ سلامي روضة فيها النبي المحترم يا خير من  
دفنت بالقاع اعظمه فطاب من طيبهن القاع والاكم روي الفداء لقبر انت ساكنه فيه  
العفاف وفيه الجود والكرم هو الحبيب الذي ترجى شفاعته لكل هول من الاهوال مقتحم  
يا رب بالمصطفى بلغ مقاصدنا واغفر لنا ما مضى يا واسع الكرم اما بعد فقد قال الله  
تبارك وتعالى اعوذ بالله من الشيطان الرجيم بسم الله الرحمن الرحيم

قَالُوا طَائِفُكُمْ مَعَكُمْ أَيْنَ دُرُكُمْ بَلْ أَنْتُمْ قَوْمٌ مُّسْرِفُونَ

## THE MONTH OF SAFAR

This month is referred to by Gujrati people as an empty month, whilst other people regard it as an unlucky month. This is done out of ignorance else this month is equal to any other month.

The older people discourage Nikaahs in this month due to it being an unlucky month. This is totally against the teachings of Islam. If a person gets married in this month, he will gain greater reward as he is breaking an incorrect tradition.

**Such a tradition that is totally against Imaan, Islam, and the teachings of Rasulullah ﷺ.**

## SUPERSTITION IS TANTAMOUNT TO SHIRK

Previously people regarded this month as an unlucky month. Rasulullah ﷺ established the Deen of Islam and put an end to such

incorrect beliefs. Unfortunately, this belief still lingers along with many people.

Undoubtedly, there are many days and months that are regarded as blessed in Islam, such as the month of Ramadan, the evening of Jumah etc. and various other occasions. However, we do not have an unlucky occasion in our Deen. It is against the grain of Imaan to believe in superstition which is tantamount to Shirk.

There are various forms of Shirk (associating partners with Allah ﷻ.) If a person believes that anything besides Allah ﷻ has the power to do things, then it is equal to believing that, such a thing is equal to Allah ﷻ in power.

For example, many people believe, that if a cat crosses the road whilst one is driving, it indicates that an accident will occur. This is regarded as superstition. There is a little riddle, why did the hen go from one side of the road to the other side? The answer is simple, it had some work, so it crossed the road. Similarly, the cat needed to cross the road, so it crossed. The cat does not have the power to cause an accident?

**Allah ﷻ alone has the power of all things.** All good and bad comes to us from Allah ﷻ and a cat has nothing to do with it.

There are many so to say pious people that are outwardly involved in various forms of Ibaadat yet they believe that if a cat meows at night, then news of someone's death will reach them. What has the meowing of the cat got to do with the life and death of a person?

Life and death is totally in the hands of Allah ﷻ which is mentioned in various parts of the Quraan and Hadith,

*Allah ﷻ is the Giver and Taker of life.*

If a person believes in Tawheed and knows the pure teachings of the Quraan and Rasulullah ﷺ, then how can one entertain the slightest belief that the meowing of a cat is connected to death? The cat meows for various reasons, perhaps it is mating season etc., what has that got to do with life and death?

## UNLUCKY NUMBERS

Similarly, there are people that believe in certain numbers being a source of bad luck, such as the number thirteen. There is yet another incorrect belief, which hasn't been mentioned in Quraan or Hadith. Having such beliefs reflect towards the weakness of our Imaan.

**In order to rectify these incorrect beliefs one should go out in Jamaat, give talks on Imaan, listen to talks on Imaan, make an effort on Imaan, take Bay'at to a Sheikh and follow his teachings, in this way a person's belief will be strengthened. The more one gives Dawat (invitation) towards Allah ﷻ, superstitious beliefs will gradually leave his life.**

## EFFORT ON IMAAN

Together with superstition comes fear. A superstitious person has fear all the time. The poor man and woman that heard the cat meowing at night cannot sleep any longer due to the fear that they

are experiencing. They are concerned about who is going to pass away. Is it my wife or my brother? They can't sleep simply because the cat has meowed and this affects their health. This is due to the weakness of one's Imaan.

A person with Imaan has no worry whatsoever. So, it is absolutely necessary that we make an effort and strengthen our Imaan and dispel these fears and superstitions from our lives, as I had explained that this is equated to Shirk.

**Shirk is such a sin which Allah ﷻ will never forgive. In order to strengthen our Imaan, we should have Kitaab reading regularly in our homes, recite Quraan regularly, females should attend the ladies programme and listen to the talks of Imaan.**

It is mentioned in the Hadith,

لا عدوى ولا طيرة ولا هامة ولا صفر

***There is no contagiousness in diseases, no bad omens, no bad luck in an owl and no bad luck in the month of Safar.***

As Muslims we should dispel all such beliefs and our lives will become much better. There are many incorrect practices still found in our people since the days of ignorance, particularly regarding the month of Safar. Amongst the incorrect things attributed to the month of Safar, this month is regarded as an empty month. It is regarded as a month void of Barakah (blessings) and goodness. For a Muwahhid (one who believes in the oneness of Allah ﷻ and recites the Kalimah), one that claims that there is no other deity besides

Allah ﷻ, no power except Allah ﷻ, how can he stoop to such a low level? We are aware of the word superstition and its meaning. If only, the reality of this can register in our minds.

## **WHAT IS SUPERSTITION?**

Superstition can be similarized to a rumour (i.e. something that just goes around). It has no reality.

If a judge is listening to evidence and one of the parties say that they had heard certain things, then a true judge will immediately terminate accepting evidence because a court case is based on solid evidence. If the judge has to drop from solid evidence and comes down to hear-say, what is the position of such a judge!

Similarly, a person that supposed to believe in hard facts (i.e. in the Oneness and Qudrat of Allah ﷻ) but stoops to such a level that he now believes in superstition, then how low hasn't he fallen.

An effort has to be made in this month to rid ourselves of these beliefs. These beliefs and notions are negated in many clear Ahadith of Rasulallah ﷺ.

During the days of ignorance people believed there was a snake inside their stomach and when the snake bites them, they feel hungry whereas the month of Safar has got nothing to do with this. All this was explained to us fourteen hundred years ago when there weren't any x-ray machines to detect and examine the stomach of the human being.

In the past people believed that the earth was similar to a table top, i.e. the earth was flat and if one goes to the edge then one will fall. The Quraan Sharif discussed astronomy and the formation of the earth stating that it is round fourteen hundred years ago.

Allah ﷻ states,

وَكُلٌّ فِي فَلَكٍ يَسْبَحُونَ

***They all (sun and moon) swim within their orbits (without entering the orbits of each other).***

The Quraan Sharif also describes the formation of a child very beautifully. This was described fourteen hundred years ago without the assistance of any sonar's or x-ray machines. We still have Quraan Sharif and Hadith Sharif with us today. It is unbecoming for a person of such a calibre to stoop so low that he believes in superstition.

When Aamils visit our country then even Ulama and Sufis join the queues to see him. Our knowledge, Taqwa, Tawheed, etc. is buried and we become slaves of these people.

## MUFTI JINN

There was a famous person from Bangladesh. He was known as Mufti Jinn. Many people used to visit him. He used to tell people that he travels daily to Bangladesh to teach Bukhari Sharif and then returns to South Africa. People were very gullible and believed him.

*One day he came to the Darul Uloom and informed me that he wished to visit England after his stay in South Africa. He required a supporting letter from the Darul Uloom to acquire his visa. I then*

*told him, "Mufti Saheb, you travel daily to Bangladesh and return, why would you require a visa for U.K? You should undertake your journey to the U.K. as you are totally independent of customs and visas."*

This Mufti Saheb went to the residence of a very close friend of ours as well, Maulana Hussein Bhayat Saheb ﷺ. He used to switch off the mains and make funny noises. Whilst the drama was going on, Maulana Hussein Bhayat Saheb ﷺ switched the mains on, which had highly upset him as all his fake drama was now exposed to the people.

These are the types of Aamils which people believe in.

## **UTTERING WORDS OF SHIRK**

Another person who was a graduate of a Darul Uloom and an Alim visited our country. A few of our friends who are Ulama also visited him for treatment. He used to say, the Quraan Sharif is too weak to treat Jadu (Allah ﷻ forbid).

This Aamil that claimed that Quraan Sharif is too weak, gave them Wazaa'if of the Jogi Jepal to read. Our Hadrat ﷺ made those Ulama (that visited him) renew their Imaan by reciting their Kalimah again, as they had lost their Imaan by going to him and uttering what he instructed them to say.

This is very common. Many of them say that some Tokloshi (dwarf like evil spirit) or Sangoma (witch doctor) has made this Jadu and it is very strong Jadu therefore one will have to go to a Sangoma for treatment.

We don't even know where, and how easily we are losing our Imaan. We are quite pleased with ourselves as we are performing Salaah, fasting in the month of Ramadan, behaving outwardly as Muslims yet we have lost our Imaan.

An example of this is as follows, a person is travelling to the airport but loses his passport, and is not aware of it. When he reaches the airport, he realises that his passport is missing.

**It should not be such that we realise, we have lost our passport of Imaan only when we enter our Qabr. We were robbed of our Imaan in the world.**

### **TIMES OF FITNA**

The Fitnas that are raining upon us is like a portion of a dark night (i.e. the darkness increases after sunset as it gets later meaning things will get worse and not any better). When the string of a Tasbeeh breaks the beads just keep falling one after the other. This is the manner in which the Fitnas are descending. This is a time where we should take stock on these matters as well.

Referring to the Hadith Sharif which was quoted above, Rasulullah ﷺ said that there is no contagiousness in diseases. Many of us accept and believe that diseases are contagious. The Sahaaba ؓ were affected with the same doubt.

Rasulullah ﷺ was questioned regarding a camel that had contracted a certain disease which was spread amongst other camels by remaining in their company. This implies that diseases are contagious.

Rasulullah ﷺ said,

*“Where did the first camel contract the disease from?”*

Nowadays, we tell other family members that you have passed your flu over to me. We generally say, *“Don’t use the utensils of that family member that has a flu.”* This is the case with epidemics as well. Sometimes it is malaria, sometimes cholera, etc. If the disease is really contagious then every person should contract the disease, yet this is not the case. This clearly indicates that diseases only afflict a person by the will of Allah ﷻ.

Hakim Yusuf of Hekpoort used to say,

*“It is not the disease that is contagious but it is our eating habits and lifestyle that is contagious.”*

To understand this we say that every community has their own eating habits. The Indian community, the indigenous community all have different eating habits, etc. Their way of life is different. Due to these different habits, we are afflicted with certain diseases. Similarly every different household has, certain eating habits thus the various family members are afflicted with a similar disease. This passing of a disease from one person to another is only by the will of Allah ﷻ. So the hadith negates contagiousness in diseases.

It also seems that taking vaccines to protect one from diseases which is a big hoax. We had personally observed that various people that took these vaccines were afflicted by the disease.

There is a theory that there is certain medication that prevents womb cancer. However, those that had utilised the medication were affected with the disease. Those that never utilised the medication were protected from the disease. This clearly shows that whatever happens is solely by the will of Allah ﷻ.

## BAD OMENS

The second portion of the Hadith states,

*“There are no bad omens.”*

We have been given Mashwera and Istikhaara. **Istikhaara is to actually make Mashwera with Allah ﷻ.** A person consults with Allah ﷻ whether he should carry out a certain action or not. If one makes Istikhaara, Allah ﷻ will put the correct answer into one's heart, whether he should invest in a certain venture or not, purchase a certain business or not, get married to a certain girl or not.

During the days of Jahilya, if the Arabs intended to undertake a journey or some important work was to take place, they would capture a bird and then let it fly, if it flew towards the right they would regard it as a good omen and if it flew towards the left they would regard it as unlucky and regard it as a bad omen.

Rasulullah ﷺ negated all such superstitions. The Arabs had many other similar beliefs that were superstitious. Islam has given us Mashwera and Istikhaara to consult in our matters.

If the doctor advises one that he should undergo an operation, then he should make Mashwera with those that are acquainted in that field and have his welfare at heart, then he should make Istikhaara.

**A person that makes Istikhaara will not go wrong. A person that makes Mashwera will not be sorrowful with regard to his actions.**

Tauheed is an extremely great power. Regarding the power of Tauheed, Imaam Ghazaali ﷺ states,

*"If a person has the greatest problem in the world but he calls unto Allah ﷻ by the Ism-e-Aazam then his need will be fulfilled."*

Therefore all the beliefs regarding the cats etc. are all false. The meowing of the cat could be because it is in labour, the running of the cat in front of the car could be because it saw a mouse, etc. so we should not believe in superstitions.

## **RUNNING DOWN A CHICKEN**

A certain person was getting married so he went to an Aamil to get a Taweez for Barakah in his marriage. The Aamil told him to kill a black fowl and he must run down the fowl with his vehicle. These people were living on a farm with a reasonably large yard. This person was chasing the fowl around trying to kill the fowl and the poor fowl was running for its life. The scenario was worse than the Kyalami race track.

Is this for a Mumin, is this for an Ummati of Rasulullah ﷺ, is this for one who believes in Tauheed? What fools we make of ourselves? This is similar to Shirk. How foolish is Shirk?

A person carves out an idol with his own hands and then makes Sajda to it. He places food before it, yet it cannot eat. The flies are sitting on it but it cannot do anything, yet he thinks that the idol can do my work. It is the height of foolishness and idiocy when one turns away from the laws of Allah ﷻ

**Therefore one should ensure that all forms of superstition are removed from one's life. This can only be attained when a person remains in the company of the genuine Ahlullah.**

Not those Ahlullah who believe in Jadu themselves. When our Sheikh ﷺ had a stroke then various Aamils came to Hadhrat and said that so and so made Jadu upon him. Hadhrat responded, "I will not accept any treatment except the Sunnat treatment of Rasulullah ﷺ." This is the type of Sheikh that we require in our lives or else the Mashaaikh will themselves encourage us to go to the Aamils.

## **A STRANGE INCIDENT**

One Sunday morning I was in my office. A doctor of a certain country town had come to me and informed me that his mother had done Jadu to him. These Aamils cause many fights in the family by accusing the mothers, aunties, etc. many good people fall for this and start believing it. Even though one knows that this person is not like that but he now starts believing it.

Sometimes they will burn some loban and then instruct you to look in there. They will say that you will see the person that has done Jadu to you. When the smoke rises, a person will see the picture of someone whom he dislikes or doubts. Many times the innocent mother-in-law or sister-in-law will be seen in the smoke and a

person becomes convinced that this is the one who did Jadu on them because the Aamil showed them clearly.

If we ponder and think, we will find that when one stares at the Musallas in the various Masaajid then we can form many shapes from the design and patterns of the carpeting. Many a time we see faces, dragons, etc. so a person can form shapes with anything, it depends on his frame of mind at the time.

These Aamils are fraudsters and fakes. They advertise very strange powers in the newspapers, etc.

### **GOOD FAMILIES FREQUENTING THE AAMILS**

One Aalim that is a student of ours informed me that I know these people as I am in touch with these Aamils. You won't believe how many of your good women go to them. Their Imaan, respect and honour is all looted from them.

When people become desperate whether it be for acquiring children or due to some illness, then people do the worst of things, unless the Imaan of a person is not strengthened. These people are there not only to loot your money but they will loot your Imaan, respect and honour.

May Allah ﷻ reward and raise the ranks of Rasulullah ﷺ that when the world was filled with darkness, he left the world with Hidayat and Noor. This was so strong that the entire Ka'aba was cleansed from all idols. All forms of superstitious beliefs were removed but unfortunately today many of us are back in the days of paganism.

**We should cleanse and purify our hearts of these things or else our Tahajjud Salaah, recitation of Quraan, Duas are all contaminated.**

It is like a person who throws urine into a two hundred litre drum of Zam-Zam. Many good people that are regarded as Sufis, Tablighis, Ulama who are giving Bayaans, that Allah ﷻ is the doer of all things, also flock to the Aamils when faced with difficulty.

### **ATTRIBUTING BADLUCK TO AN OWL**

The third portion of the hadith discusses the owl. Up to this day people take bad omens with the owl. The Hadith negates the fact that an owl can bring a bad effect into the life of a person. When people see owls flying at night, they fear various problems. It has no power in it whatsoever, nor does it have any bad luck. It is merely a creation of Allah ﷻ.

**Rasulullah ﷺ has made a believer absolutely strong by negating these superstitious beliefs and placing one's trust on Allah ﷻ alone.**

### **SURFING THE NET**

In the Quraan Sharif, Allah ﷻ states,

*"The weakest home is that of a spider."*

How strong is the spider's web? If a fly is trapped in it , it cannot leave. Similarly we are all trapped on the web. People spend hours on google. Today, everyone goes to Imaam google for all their answers to such an extent that things which are not even required are being searched. Many good people are caught on the net. They

sit after Esha Salaah and they remain on the net for two or three hours. They will miss their Fajr Salaah or even their Jamaat but they will not miss their session on the internet.

## **THE MONTH OF SAFAR AND MUHARRAM**

Finally the hadith states that there isn't any bad luck in the month of Safar. The marriage of Rasulullah ﷺ to Hadhart Ayesha ؓ took place in the month of Safar. How much Barakah was there in every Nikah of Rasulullah ﷺ?

Many people say that Muharram is a month of sorrow due to the event of Karbala. This event took place many hundreds of years ago. How can this be regarded as a month of sorrow now? We even go a step further and regard this as part of our Deen by saying Nikah shouldn't take place in the month of Muharram. We portray this ignorance as knowledge. Due to this many elderly people state that Nikah should not be held in these months. The blind are being led by the one who possesses a single eye. The one that sees things in the wrong manner also leads others in the incorrect manner.

I do hope that this is now out of our community but the old ladies used to say that this month is very hard on the menfolk. Due to this they have a prescription that one should give six eggs in charity, half a loaf of bread, one meter of calico, etc. All these items must be given in Sadaqah or else the men will go through difficulty whereas Rasulullah ﷺ has stated that there isn't any bad luck in the month of Safar.

## BADLUCK IN THREE THINGS

In one Hadith Rasulullah ﷺ is reported to have said, “If bad luck was to exist in anything, it would have been in three things, in a horse, in a woman and in a house.

Many people take the literal meaning and say that I had purchased my home from a Hindu therefore there is bad luck in it. Due to their idol worship done in it therefore we are always sickly and we are always fighting and arguing. This is not what is meant.

The intended meaning is that if there was any bad luck then, it would have been in these three things but there isn't any bad luck in these three things, so other things will also not contain any bad luck.

This can be understood from another Hadith wherein Rasulullah ﷺ is reported to have said,

*“If I had commanded anyone to make Sajda to anyone, other than Allah ﷻ then I would have commanded women to make Sajda to their husbands.”*

This does not mean that a woman should make Sajda to her husband. It is totally Haraam for her to do so. What it means is that she should be obedient to her husband to a great extent.

If a person buys a car and experiences problems with this vehicle, or he builds a house and then says that the builders had built the walls skew, therefore the doors aren't fitting, this indicates that Jadu has been done. Rasulullah ﷺ negated all this wrong beliefs.

Rasulullah ﷺ said that believing in all these things is Shirk and said it thrice. Hadrat Abdullah Bin Masood ؓ explained that when these superstitious beliefs are common then they come into one's mind. At such a time, a person shouldn't be afraid but he should recite,

اعوذ بكلمات الله التامات من شر ما خلق

*I seek refuge with the complete words of Allah ﷻ from the evil which  
He has created.*

**A person's thoughts are not a sin. If a thought relating to superstition enters the mind of a person then it is not a sin, but he one should not act upon it, acting upon it will be regarded as a sin.**

## **THE IMPORTANCE OF TAUHEED**

A Mu'min must be positive. If a person brings Tauheed in his life, there isn't a greater power than Tauheed, as nothing can supersede and override true belief in Allah ﷻ.

We are very weak and move with the wind like a weather cock. Many times whilst travelling, we discuss certain ghost incidents associated with a certain place and we affirm that these things do exist. How many of these incidents are total lies.

Imaam Ghazalli ؒ says that one can experience the worst problems in the world and he calls unto Allah ﷻ with Isme Aazam then Allah ﷻ will assist him.

Imaam Ghazalli ؒ says that Isme Aazaam is to call unto Allah ﷻ in such a manner that there isn't any hope in anyone else. We have

traded this great power of Tauheed, disregarded it, and placed our conviction in superstitious lies, like the running of a black cat.

At one time we met a Christian and we gave him Dawat to Islam. He asked, “Are there healing powers in Islam?” The church uses a great trump card that Hadhrat Eesa ﷺ has healing powers which is true and the Quraan Sharif mentions it. Hadhrat Easa ﷺ was able to make the blind see and caused the deceased to get up from their graves.

The Christians believe that the pastor in the church also has these healing powers. He then asked, “*Are there such healing powers in Islam as well?*” I replied, “*Yes, many people got their work done with the Duas of the Buzurgs but that is not the object.*” The object is to maintain correct beliefs. I then told him that if the pastor has healing powers tell him to go to the hospitals and heal all the people there. This will save the government (billions), it will save the people on taxes. We shouldn’t be so gullible and weak. We should make an effort to strengthen our Imaan.

## **TALEEM AT HOME**

Pertaining to our beliefs there is a book titled Kitaabul-Imaan in English which we should read, Kitaab-ut-Tahaarat is available for Masaa’il pertaining to cleanliness of the body. We should read Kitaab-us-Salaah which consists of Masaa’il pertaining to Salaah. Similarly, there are various other kitaabs that have been published discussing the various aspects of Deen.

If we spend half an hour in total with the family we will be able to read each Kitaab for approximately five minutes. By doing so, we

will be increasing our knowledge and in a short while we will easily discard these wrong beliefs.

## **THE LIBRARIAN OF DEOBAND**

When we were studying in Deoband there was a librarian named Maulana Sultan Saheb. He was very well known and many people from far and wide would come to him for treatment pertaining to Jinn and Jadu. He told us that 99% of these cases were fake.

If he told a person that he is not affected by Jadu, they will not accept it. The person would think that this Maulana Saheb does not really know his work. On the other hand, if he told any person that he has been affected by strong Jadu, he becomes pleased, gains confidence in such a Maulana and regards him as a very powerful Maulana. If the Maulana tells him that his Jadu is old and it is difficult to get rid of it then he will have even more confidence in such a Maulana.

Thus we can conclude that 99% of these Aamils are fake. They steal people's money in a very sophisticated manner. If they do not ask for money, then we assume they are absolutely genuine and they did not take money from us. By doing so, they are able to extract much more than we expect. At the same time, they steal a person's Imaan and make him believe in various incorrect things.

Thirdly, it is sad that the respect and dignity of many women is lost in such a way that she will never expose what occurred. We know of some terrible cases therefore we should never expose our women to this. If there is a genuine need to take your womenfolk to an Aamil, then enquire from your local Ulama about a genuine person.

**We should never allow our womenfolk to be in seclusion with any medical doctor nor an Aamil. Her mahram or a responsible female should always be present when a woman needs to be treated.**

Fourthly, these Aamils cause enmity amongst people and family members. In many cases they blame the mother-in-law and in some instances they blame one's own mother. They have caused friction between a mother and her son, mother and daughter, in fact they have broken up homes. These Aamils know exactly how to extract information from their patients and then they tell you things which cause you to become surprised. We are so simple minded that they extract the information from us, and then inform us by telling that this is what had happened to you. This is definitely not the work of someone that offers treatment to anyone. These people should be totally avoided.

**Jadu is a reality, however the effect is limited. We should also bear in mind that Jadu can only have an effect by the will of Allah ﷻ.**

## **PROTECTION AGAINST JADU**

We have been given the prescription to combat Jadu. Our Sheikh Hadhrat Hakim Muhammad Akhtar Saheb ؒ says that **one should recite the following Surahs three times each, commencing with Bismillah every time. Surah Ikhlāas, Surah Falaq and Surah Naas. This should be done every morning and evening and one will be protected against the harms of Jinn and Jadu.**

At the same time, the reward of these Surahs are so great that it should be passed over to the Marhoomin for Easale Sawaab.

**Another very effective verse for protection is Aayatul Kursi and it should be recited after every Salaah.**

A person with a weak mind and weak Imaan will think he has been affected with Jadu. A person who has pride, he thinks people are jealous of him so he is affected by Jadu.

When Jamaats leave to go in the path of Allah ﷻ, the elders give them a Hidaayat Bayaan, amongst the many advices which they are given is, that they should eat and sleep properly. When one goes out in Jamaat he becomes overwhelmed and he spends the night making Tilaawat, making Zikrullah, keeping roza (fast), etc. and this affects a person's mind. After exerting himself in this manner, he claims that he is in a certain sky meeting a certain angel or a certain Nabi or he will say that someone has done Jadu on him, therefore these things are happening to him.

**This is why it is very important that a person eats and takes rest properly.**

## **ADEQUATE SLEEP**

Regarding our sleep, many of us will sacrifice our sleep for other things. I was surprised to hear that people used to stay awake till late hours just to watch the world cup.

These same people then take tablets to stay awake in order to be able to work the next day. Taking chemicals and upsetting the system is most harmful. Yes, if a person has to stay awake till late due to a valid reason then he may do so, otherwise one should take a good rest which is essential for one's good health.

**The lack of food and sleep weakens a person and as a result he is easily attacked by Shaytaan.**

Nevertheless, we should dispel all forms of superstition whether pertaining to the month of Safar or any other form of superstition. We do not believe in unlucky numbers nor do we believe that a certain time of the year is a time of bad luck.

The aspect of Jadu is overplayed. Maulana Sultan of Deoband also mentioned to us that when a woman is tired of staying with her mother-in-law then she makes up a story and presents it in such a manner that everyone accepts it. In some cases the wife is tired of the husband and she doesn't know how to leave him or separate from him then she will come up with a Jadu story so that she can be separated from the husband.

**The solution for all our problems whether it is medical problems, financial problems, etc. is that we should perform our five daily Salaah.**

Generally we find homes that are void of Salaah and recitation of the Quraan, are more prone to problems. Every Muslim should recite Quraan Sharif daily, even if it means reciting one page or a Ruku or Quarter Para.

Unfortunately, our homes are void of Salaah and Tilaawat, yet we have sufficient time to watch television, listen to music and take photography and to display it. The actual Jadu that is destroying us are these evil habits in our homes. When all these forms of evil are in our homes then Shaytaan has complete control of such a home.

**So an effort has to be made to bring Deen into our homes. We should encourage family members to go out in Jamaat, we should encourage them to perform Salaah and teach them the importance of Deen. We should have Taleem in the home and I can guarantee you that there will not be any problems regarding Jadu or Jinnat in such a home, to such an extent that even medical problems will disappear.**

Sahaaba ﷺ had Deen in their lives, so there was no need for a doctor in Madinah Munawwarah.

May Allah ﷻ grant us the Taufeeq of building our Imaan and we should educate ourselves as far as the matters of Deen are concerned and May Allah ﷻ protect us from superstitious and incorrect ideas and beliefs. Ameen!



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