

6 FASTS OF SHAWWAAL

It is Mustahab and highly rewarding to observe the six fasts of Shawwaal. The observance of these fasts has been emphasised by Rasulullah ﷺ in several Ahaadith. It is the infinite mercy and kindness of Allah, that in exchange for minimal effort, He accords maximum reward.

Rasulullah ﷺ has stated:

“Whoever fasted the full month of Ramadaan and follows it with six fasts of Shawwaal is like a person who has fasted the entire year.” (Sahih Muslim)

“Fasting for the month of Ramadaan brings the reward of ten (months) like it, and fasting for six days brings the reward of two months, and that equals the fasting of the whole year.” (Sahih Ibn Khuzaymah)

These fasts may be kept consecutively or at intervals during the month of Shawwaal.



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