

HOPE!!!

In the midst of the current unrest in South Africa; anxiety, fear and worry has gripped the country and is leading many to despondency. At such times, it becomes easy to succumb to negative thoughts and forget the consolation our Deen provides. In even in the most trying circumstances, Allah ﷻ advises us,

"DO NOT LOSE HEART, NOR FALL INTO DESPAIR." (3:139)

As Muslims, we are taught to adopt a positive outlook. Rasulullah ﷺ said, **"Wondrous is the life of the Believer for there is good for him in every situation; and this is not for anyone except the Believer. If goodness comes his way and he is grateful, this is good for him, and if he is afflicted and endures patiently, this is also is good for him."** (Muslim)

Rasulullah ﷺ further said, **"Never is a believer struck with discomfort, illness, anxiety, grief, worry or even the pricking of a thorn except that Allah erases some of his sins."** (Bukhari)

Say: "Never will anything afflict us except what Allah has decreed for us, He is our protector." And on Allah let the Believers put their trust. (Quran 9:51)



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