

Muharram & the Islamic New Year

The month of Muharram heralds the beginning of the Islamic New Year. New years are generally considered as a time for resolutions. While the world generally focuses on material resolutions, we need to re-look at the resolutions we adopt; so that positive change can occur in our lives, communities and the Ummah at large.

In order to achieve this, there needs to be a shift of focus. Instead of aiming at material growth, let us aim for spiritual growth. Instead of worrying over our physical appearance, why not aim at improving our inner selves? Wealth and physical beauty seem to be on everyone's agenda but what about our humanity that gives us value as humans? Honesty, integrity, trustworthiness and love for humanity are also precious resources. Though they may not have monetary value, they are indeed more valuable than gold and silver. They are the values that give us true worth as humans and make us assets to our communities.

As Rasulullah ﷺ profoundly observed,

“Verily, Allah does not look at your physical features nor at your wealth. Rather, He looks at your hearts and your deeds.” (Muslim)

This year let us resolve to make those changes and aspire to become better Muslims.



JAMIATUL ULAMA

KwaZulu-Natal – South Africa

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